21 Dangers of Infant Formula
the Infant Formula Companies don’t want you to know!

For Your Child: When you feed your baby infant formula, you increase your baby’s chance of having:

1. asthma
2. allergies
3. ear infections
4. high blood pressure & heart disease
5. respiratory infections
6. lower IQ & cognitive development
7. obesity
8. iron-deficiency anemia
9. SIDS (Sudden Infant Death Syndrome)
10. diabetes (types 1 & 2)
11. digestive problems

12. childhood cancers
13. exposure to environmental contaminants
14. sleep apnea
15. dental problems & malocclusions

For the Mother: When you don’t breastfeed, you increase your own chance of developing:

16. diabetes (both gestational as well as type 2)
17. overweight & obesity
18. osteoporosis
19. breast cancer, ovarian cancer & uterine cancer
20. hypertensive & cardiovascular diseases
21. reduced child spacing

NB: References of the evidence-based research used for this information flyer is on the back
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